

2007 COUNTY RANKINGS

UNDER 13 GIRLS

75 Metres

10.4	M Smith	D&T
10.6	I Henson	Wat H
10.6	S Rukin	St Albans
10.6	P Mills	D&T
10.7	A Davis	Wat H
10.7	Y Lakin	Wat H
10.9	A Bain	St Albans
11.0	R Parke	St Albans
11.1	I Cacciatore	HPX
11.3	D Newman	SBH
11.5	M Hadley	HPX
11.6	S Ibrahim	D&T
11.7	S Proctor	HPX
11.7	S Seglah	St Albans
11.9	E Lloyd	HPX
11.9	W Bryan	HPX

100 Metres

13.3	C Wingfield	BAR
13.5	S Rukin	St. Albans
13.7	Z M-Smith	Wat H
13.7	R Parke	St. Albans
13.7	M Hamilton	SNH
13.7	P Mills	D&T
13.8	D Weston	D&T
13.8	M Smith	D&T
13.9	A Davis	Wat H
13.9	T Forde	SNH
14.0	Y Lakin	Wat H
14.0	A Gates	SNH
14.1	M Hadley	HPX
14.3	J Browne	SNH
14.4	I Henson	Wat H
14.4	A Bain	St. Albans
14.5	A Rackham	SNH
14.6	I Cacciatore	HPX
14.7	A Awokoya	SNH
14.7	A Tymon McEwan	St. Albans
14.7	N Allen	HPX
14.7	K Leigh	SNH
14.9	N Dalton	HPX
14.9	K Wright	Wat H
15.0	S Proctor	HPX

150 Metres

20.3	S Rukin	St Albans
20.8	R Parke	St Albans
20.8	P Mills	D&T
21.3	N Hadley	HPX
21.7	A Davis	Wat H
21.8	D Weston	D&T
21.9	I Cacciatore	HPX
21.9	I Henson	Wat H
22.2	M Smith	D&T
22.3	R Seglah	St Albans
22.9	L Bird	HPX
22.9	W Bryan	HPX
23.2	K Wright	Wat H
23.3	D Cracknell	HPX
23.8	S Proctor	HPX
23.9	S Bentley	Wat H

200 Metres

27.5	C Wingfield	BAR
27.9	S Rukin	St Albans
28.2	A Gates	SNH
28.3	Z M-Smith	Wat H
29.0	J Browne	SNH
29.2	M Steer	St Albans

29.7	A	Bain	St Albans
29.7	M	Hamilton	SNH
30.0	I	Cacciatore	HPX
30.00	B	Carr	HPX
30.0	K	Leigh	SNH
30.7	W	Bryan	HPX
30.8	A	Davis	Wat H
30.8	A	Rackham	SNH
30.9	E	Anderson	HPX
30.9	L	Wright	Wat H
31.1	S	Proctor	HPX
31.1	N	Dalton	HPX
31.1	S	Bunn	Wat H
31.7	R	Seglah	St Albans
31.8	J	Bowen	HPX
31.8	C	Miller	HPX

800 Metres

2:28.05	D	Newman	SBH
2:29.10	A	Gates	SNH
2:32.30	M	Steer	St Albans
2:32.80	K	Mimms	SBH
2:36.12	E	Lloyd	HPX
2:36.17	L	Bird	HPX
2:37.10	S	Bunn	Wat H
2:39.81	A	Eykelbosch	D&T
2:39.81	C	Wingfield	BAR
2:39.84	S	Grover	D&T
2:42.30	I	Hanson	Wat H
2:43.60	A	Mackenzie	St Albans
2:44.80	B	Carater	BAR
2:45.50	P	Bryant	D&T
2:46.30	S	Proctor	HPX
2:46.40	C	Bentley	Wat H
2:47.46	S	Morris	D&T
2:47.80	L	Dee	St Albans
2:49.52	A	Moores	D&T
2:49.90	N	Hodson	St Albans
2:50.20	S	Bentley	Wat H
2:50.60	L	Macvewan-P	Wat H
2:51.10	C	Arnold	Wat H
2:52.60	E	Steed	Wat H
2:53.60	L	Kemp	Wat H
2:54.00	K	Conway	BAR
2:54.60	E	Bamford	Wat H

1200 Metres

3:59.10	K	Mimms	SBH
4:01.65	D	Newman	SBH
4:09.70	L	Bird	HPX
4:19.60	S	Grover	D&T
4:22.82	R	Graham	SBH
4:25.40	N	Dalton	HPX
4:31.60	S	Bentley	Wat H
4:32.70	E	Steed	Wat H
4:33.90	A	Mackenzie	St Albans
4:35.60	S	Proctor	HPX
4:40.10	S	Messant	St Albans
4:46.70	C	Bent	HPX
4:48.90	L	Dee	St Albans
4:58.90	H	Hull	St Albans

1500 Metres

5:26.8	D	Newman	SBH
5:28.20	A	Eykelbosch	D&T
5:29.80	S	Grover	D&T
5:31.40	E	Lloyd	HPX
5:31.80	I	Thompson	St Albans
5:33.50	L	Bird	HPX
5:39.30	S	Bunn	Wat H
5:41.70	A	Mackenzie	St Albans
5:43.00	H	Hollis	Wat H
5:48.30	K	Conway	BAR
5:47.51	B	Carter	BAR

5:49.40	E	Steed	Wat H
6:00.50	S	Messant	St Albans
6:01.00	H	Hull	St Albans
6:03.9	C	Bentley	Wat H
6:16.10	N	Yates	SNH
6:21.3	L	Kemp	Wat H
6:26.60	S	Eames	SNH
6:30.10	K	Hall	St Albans
6:34.60	L	Collins	SNH
6:38.6	J	Hartley	Wat H

70m Hurdles

12.0	S	Rukin	St Albans
12.4	A	Tymon McEwan	St Albans
12.7	C	Wingfield	BAR
12.9	N	Hadley	HPX
13.0	A	Awokoya	SNH
13.1	A	Davis	Wat H
13.3	P	Bryant	D&T
13.5	H	Earnshaw	Wat H
13.5	E	Jaques	D&T
13.8	Z	M-Smith	Wat H
13.8	A	Marneer	St Albans
13.9	S	Bentley	Wat H
13.9	S	Ibrahim	D&T
14.2	E	Gazeley	D&T
14.2	S	Grover	D&T
14.4	C	Bentley	Wat H
14.5	K	Clarke	SNH
14.6	A	Moores	D&T
14.7	K	Jones	St Albans
14.8	N	Dalton	HPX
14.9	I	Cacciatore	HPX

High Jump

1.46	J	Browne	SNH
1.45	A	Rackham	SNH
1.38	E	Gazeley	D&T
1.38	K	Jones	St Albans
1.38	C	Wingfield	BAR
1.35	A	Awokoya	SNH
1.33	A	Wilde	St Albans
1.30	Y	Lakin	Wat H
1.30	M	Smith	D&T
1.30	A	Tymon McEwan	St Albans
1.26	S	Reading	St Albans
1.25	A	Mackenzie	St Albans
1.25	S	Grover	D&T
1.20	S	Bentley	Wat H
1.20	S	Rukin	St Albans
1.20	M	Steer	St Albans
1.20	A	Gates	SNH
1.20	P	Bryant	D&T
1.15	S	Proctor	HPX
1.15	C	Bentley	Wat H
1.15	L	Macvean-Paine	Wat H
1.15	L	Dee	St Albans
1.15	H	Hull	St Albans
1.15	S	Rapacchi	SNH

Pole Vault

1.60	R	Seglah	St Albans
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Long Jump

4.82	A	Gates	SNH
4.71	C	Wingfield	BAR
4.67	J	Browne	SNH
4.66	R	Parke	St Albans
4.54	T	Forde	SNH
4.38	Y	Lakin	Wat H
4.33	D	Weston	D&T
4.22	N	Hadley	HPX
4.18	Z	M-Smith	Wat H
4.09	P	Mills	D&T

4.06	S	Rukin	St Albans
4.06	A	Bain	St Albans
4.00	A	Tymon McEwan	St Albans
3.84	A	Rackham	SNH
3.83	P	Bryant	D&T
3.81	L	Bird	HPX
3.80	A	Marner	St Albans
3.78	C	Bentley	Wat H
3.71	C	Miller	HPX
3.71	S	Bull	St Albans
3.71	S	Grover	D&T
3.66	N	Allen	HPX
3.60	A	Leigh	SNH
3.60	K	Conway	BAR

Shot

8.39	A	Awokoya	SNH
7.79	M	Hadley	HPX
7.69	I	Henson	Wat H
7.44	E	Dickinson	Wat H
7.38	A	Wilde	St Albans
7.11	T	Forde	SNH
6.93	A	Baun	St Albans
6.73	C	Wingfield	BAR
6.59	A	Lockwood	Wat H
6.57	J	Browne	SNH
6.47	A	Gates	SNH
6.31	A	Moore	D&T
6.09	M	Hamilton	SNH
6.05	S	Ibrahim	D&T
5.65	S	Rukin	St Albans
5.65	S	Rapacchi	SNH
5.61	H	Hull	St Albans
5.35	J	Smith	St Albans
5.00	M	Barber	SNH
4.99	S	Mullins	SNH
4.98	C	Bentley	Wat H
4.96	S	Proctor	HPX
4.92	R	Seglah	St Albans
4.80	S	Meadows	SNH

Discus

28.15	P	Wheeler	Wat H
19.34	R	Hector	SNH
18.65	E	Dickinson	Wat H
17.62	A	Wilde	St Albans
16.73	M	Hamilton	SNH
16.54	J	Smith	St Albans
16.15	I	Henson	Wat H
14.38	A	Lockwood	Wat H
14.12	M	Steer	St Albans
13.75	A	Marner	St Albans
13.70	R	Parke	St Albans
13.24	K	Jones	St Albans
11.90	A	Bain	St Albans
11.74	M	Hadley	HPX
11.54	K	Clarke	SNH
11.12	E	Holland	BAR
10.95	S	Eames	SNH
10.36	K	Wright	Wat H
10.22	E	Collins	SNH
10.21	K	Sweetlove	SNH
10.09	K	Leigh	SNH
10.08	S	Reading	St Albans
9.97	H	Hollis	Wat H
9.96	I	Thompson	St Albans

Hammer

13.72	A	Lockwood	Wat H
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Javelin

27.97	A	Wilde	St Albans
10.90	H	Hull	St Albans
8.67	A	Dimmock	HPX

8.09	C Bent	HPX
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Pentathlon

1492	C Bentley	Wat H
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4 x 100m Relay

55.6	Watford Harriers
55.9	St. Albans
58.7	Herts Phoenix